



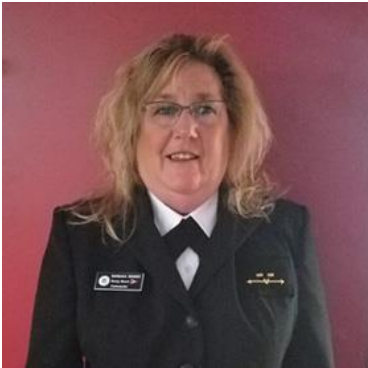
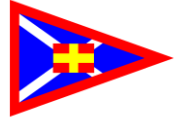
United States Power Squadrons®

Come for the boating education...Stay for the FriendsSM

ROCKY MOUNT POWER SQUADRON

THE COASTAL PLAINS SIGNAL

January 2018



Commander Barbara Ann Bruner, P

Happy New Year!! Robert and I hope everyone had a safe and Happy Holiday Season!!

Now, on to the News.

On November 10th we toured the NC State Fish Farm in Raleigh. Those of us who went found the information on the Striped Bass & Flounder very informative. Our tour guide did an excellent job.

On November 12th we had our annual P/C Pig Pickin at Past Commanders Chris and Cathy Payne's home. Thank you for some great hospitality! Chris cooked the Pig and Chicken and all of us brought a side dish. Everyone ate and enjoyed themselves.

On December 8th we had our annual meeting and Christmas Party at Myrtle Grove Plantation in Macclesfield. Excellent food, great fellowship, and beautiful decorations throughout the House, made for an awesome evening. The highlight of the evening was the Dirty Santa game. This was our first event for the game, and now I know why they call it that! Everyone had a great time and a lot of fun.

Another important event that comes with the New Year is D-27's Winter Training Session, which is scheduled for January 20th at the Resurrection Lutheran Church in Cary. It will start at 8:30 and end approx. 2:30. The agenda and registration is on the D-27 website. Hope to see you there.

The Annual Meeting will be from Feb 18th-25th at the Rosen Center in Orlando, FL. This also will be our National COW. They have a lot of great seminars and meetings scheduled. What a great way to get out of this freezing weather! And get acquainted with new friends, maybe even learn something new.

Our D-27 Spring Council/Conference and COW will be held March 16th-18th. It will be held at the Hilton Garden Inn, [131 Columbus Ave. Cary, NC](http://www.hilton.com/en/hotels/ncgarden131-cary-nc/). Their phone number is [919-377-0440](tel:919-377-0440).

And last but not Least but most important our COW is right around the corner. March 3rd at 6:00 p.m. at the Leaning Tree in Bailey. We have a great bridge lined up to take on their responsibilities. Hope to see everyone there to support your new Bridge.

Robert and I hope that you and your family have a wonderful 2018!!

Sincerely,

Cdr. Barbara A. Bruner





United States Power Squadrons®

Come for the boating education...Stay for the FriendshipSM

RMPS Calendar 2018

1800 Monday 08 January	RMPS Bridge Meeting El Jimador, Rocky Mount, NC	18-25 February	USPS Annual Meeting Orlando, FL
20 January	D27 Annual Training Resurrection Lutheran Church Cary, NC	1800 Saturday 03 March	RMPS Change of Watch The Leaning Tree Bailey, NC
1800 Monday 22 January	RMPS Family Night Ribeye's Nashville, NC	1800 Monday 12 March	RMPS Bridge Meeting El Jimador, Rocky Mount, NC
1800 Monday 12 February	RMPS Bridge Meeting El Jimador, Rocky Mount, NC	1800 Monday 26 March	RMPS Family Night Ribeye's Nashville, NC



VESSEL SAFETY CHECK

P/C Christopher E. Payne, AP

Chair VSC Committee

Call any of our Vessel Examiners to get your Free Vessel Safety Check today. We have plenty of VSC decals on hand. You can even prepare ahead of time by performing your own pre-VSC online at www.safetyseal.net by clicking on "Virtual Vessel Safety Check".

Thanks Chris

Contact me at 252 641-1233 or cepsmpcs@aol.com
If you would like to become a Vessel Examiner.

Vessel Examiner Checks	Telephone	Email	Primary Area of Safety
P/C/C L. M. Barnes III, SN	252 442-1066	lbarnes701@gmail.com	Rocky Mount, Beaufort
P/C Christopher E. Payne, AP	252 641-1233	cepsmpcs@aol.com	Tarboro, Hertford, Edenton
P/C Robert H. Bruner	252 908-2494	r.h.bruner@gmail.com	Nashville, Rocky Mount

Education Report

Happy New Year everyone! 2018 fast forward to the future! How many of you are taking the online Webinars? I recently took the Oceanography: Ocean currents and Computer Navigation. The Webinar consist of taking a look at Tidal and Ocean currents and how they affect navigation planning and when underway navigation, software that will retrieve and use RTOFS (Real Time Ocean Forecast Systems) data.

This information is available free from NOAA and you can overlay the data on your charts using the United States Power Squadron, Open CPN Navigation Software and once again, it is free.

One interesting thing I learned was how surface wind affect current down to 500 meters also currents from the Gulf Stream plus sea temperature. I found this information to be a valuable source of information for fishing near shore and offshore.

The Lack of Knowledge Boating Education

It is amazing to me but it should not be by now when it comes to the lack of boating education concerning rescues by the United States Coast Guard. Not only boaters but kayaks, canoes, and paddle boards most are current and wind related and broken paddles. As for boaters running out of fuel, breakdowns, taking on water, running aground, weather related and overdue.

Thought Process! Update your chart software at least check the Local Notices to Mariners they are free. The United States Coast Guard will e-mail them to you weekly all you have to do is read them and make notes on you charts.

File a float plan, if not at least invest in a PLB (Personal Locator Beacon.) When you register your PLB with NOAA you are assigned a number. If you are ever in a situation and you need to use it set it off do not wait until it becomes a life and death situation. The cost of the unit is a small price to pay when it comes to your life!

Boating class

Instructors mark your calendar for ABC Boating Course. Spring Dates are Saturday 07 April and Saturday 14 April. Fall dates are Saturday 15 September and Saturday 22 September.

SEO Rocky Mount Power Squadron
D/Lt Robert H Bruner, AP

USPS PLEDGE

"I do solemnly pledge to:

*Abide by the bylaws of the United States
Power Squadrons;*

*Promote high standards of navigation and
seamanship;*

Maintain my boat and operate it legally;

Render assistance whenever possible;

*And conduct myself in a manner that will
add prestige, honor, and respect to the
United States Power Squadrons.*

NC State Fish Barn

By P/C Lorraine B. Ryan, P

Pictures provided by Sally Benson and P/C Linda Joyner, S

What is a Fish Barn you may ask? The Fish Barn is a research, demonstration and teaching unit, which is focused on intensive aquaculture production with a particular emphasis on closed recirculating systems.

The North Carolina Fish Barn project at North Carolina State University (NCSU) has been active in the evaluation and development of recirculating technology for the intensive production of fish since 1989. It is operated as a demonstration project for the development and evaluation of water reuse technology suitable for conducting commercial aquaculture in the water-limited Piedmont of North Carolina

Lorraine arranged for interested and available members of the squadron to tour the facility off Lake Wheeler Road in Raleigh on Friday, 10 November. Sally and Phil, Barbara and Robert, Joan and Steve, Steve Boshart and Lorraine enjoyed the informative tour.

There were two separate buildings, one housed the hydroponic lettuce production, which is in a controlled environment greenhouse and housed tanks of tilapia. The fish production system had a nursery tank, and four grow out tanks, which also had tilapia and flounder.

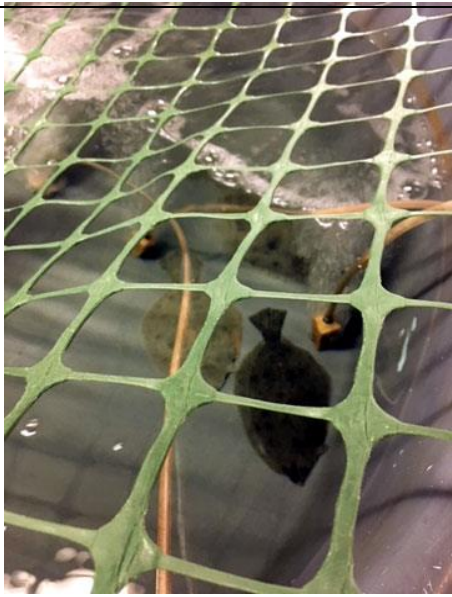
I did ask our host about the story that I, and many others, have heard about tilapia. I heard that you should never eat tilapia since they are all farm raised and they eat the droppings of other fish in the “tank” that they are raised in. His response was that breeders that farm raise salmon started that rumor!



Lettuce in a hydroponic tank.



Steve Lay checking out a nursery tank.



Flounder in a grow out tank.



The group checking out nursery tanks.



Sally taking a picture in a grow out tank.



Fingerlings.



Lorraine, Barb, Phil, Steve and Robert.



Learning about the nursery tanks.

Past Commanders Pig Pickin

By P/C Lorraine B. Ryan

I think that every member of the Rocky Mount Power Squadron looks forward to our annual Past Commanders Pig Pickin because of our expert pig cooker, P/C Chris Payne. Chris has been our Master Pig Cooker for many years now, learning all he needed from P/C George Howe whom he assisted for many years. Even though Chris thought he could never be the caliber of George, he more than holds his own! Chris does not just cook the pig (or parts of the pig in our case), he massages it, he presses it, and when he thinks it is finally cooked to perfection, he chops it, and chops it more and then chops it finally. Chris also cooks chicken and although he does not massage or chop it, it tastes just as delicious as his pig does.



Cathy and Chris were the hosts of our Pickin although as our previous Past Commander, Bug Joyner also had to assist in setting up Chris's Man Cave, otherwise known as a garage for our event on Sunday, November 12.

Beside our regular Rocky Mount Squadron members, we also had some distinguished guests from District 27. P/D/C Bob Howd and his wife Sandi, D/Lt/C Greg Shay and his wife Raleigh Commander Connie Shay and P/D/C Ben Reed and his wife P/C Lorrie.

As always, Sally Benson made her delicious coleslaw that everyone asks for every year. Ben made yummy bourbon pecan pie, Greg/Connie tasty green beans and we also had shrimp cocktail, caramel dip/pretzels, potato salad, banana pudding, Hawaiian rolls, and cheese scalloped potatoes and lots of brownies.

Past Commanders Pig Pickings are an annual event that the Rocky Mount Power Squadron looks forward to each year and we will never change it.

P/C Linda (Bug) K. Joyner provided the following pictures of the Past Commander's Pig Picking.



Clay Helm and Ben Reed



Greg Shay, Robert Bruner and Barbara Bruner



Ben and Lorraine Reed across from Phil Benson



Lorraine Ryan, Sandy and Bob Howd



Greg and Connie Shay with Robert and Barb Bruner



Wilma Helm with Bella.

Christmas at Myrtle Grove Plantation

By P/C Lorraine B. Ryan, P

Twelve lucky members of the Rocky Mount Power Squadron and two guests (Kay Taylor and Kathy Richards) enjoyed the gracious hospitality and ambience of the Myrtle Grove Plantation in Macclesfield for the Rocky Mount Power Squadron's annual Christmas Party.

While waiting for everyone to arrive, we gathered in the *den*, which was directly off a bar area where our BYO bottles of wine and beer were easily accessible. Once all were assembled and presents were placed under the Christmas tree, we each drew numbers and proceeded to play "Dirty Santa". Everyone brought a gaily-wrapped gift and we started with the person that had #1. They chose a gift and then #2 chose a gift, or they could take the gift from #1. We went around until all 14 numbers were called with gifts being taken from others (but they could only be taken twice). Soft and fuzzy throws were the most popular gift this evening followed by bottles of wine. All and all, a fun time that will probably become an annual experience.

Dinner followed and our host and one of the owners, Joe White, carved the delicious filet mignon, which was accompanied by mixed salad, roasted baby potatoes, glazed baby carrots, biscuits, chocolate chess pie and blueberry cobbler.

Even though almost all of us had been in this beautiful home last year, we still wandered in and out of the beautifully decorated rooms. All of the women commented on the fact that we could never live in this magnificent home since once you cleaned and dusted the entire place, it would be time to do it again! Everyone agreed that we would probably be back again next year.



Pictures provided by P/C Linda K. Joyner, S



Presents under the tree.



Ondra opening her gift.



Kay is hanging on to that box of wine.



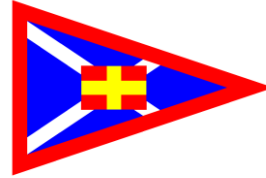
Waiting for the show to start.



Steve Lay, Barbara and Robert Bruner



Joan likes her gift.



ROCKY MOUNT POWER SQUADRON

Requests the Honor of Your Presence at Our

CHANGE OF WATCH CEREMONY

1800 Saturday
03 March 2018

The Leaning Tree
6168 Deans Street
Bailey, NC 27807

Our Change-of-Watch will feature excellent speakers, presentation of awards, retirement of the old bridge, installation of the new bridge, roasting of the outgoing commander, and dinner.

Dinner will be a choice of Chicken Breast or Salmon (\$30), Rib Eye (\$32), or Filet Mignon (\$36) which includes appetizer, salad, scalloped potato, yeast rolls and roasted asparagus. A cash bar for wine (\$7) and beer (\$3) is available. Leaning Tree does not accept credit cards and payment must be with cash or check.

Uniform will be Class A with bow tie.
Guests and members without uniforms should wear suitable civilian attire.

Yes, I plan to attend the Rocky Mount Power Squadron's Change of Watch
on Saturday, 03 March 2018

Name _____

Guest _____

Guest _____


Guest _____

Please send this form, e-mail or call
by Wednesday, 14 February 2018 to:

P/C Lorraine B. Ryan, P
1147 Lake Royale
Louisburg, NC 27549
252-303-0243

commanderlorraine@yahoo.com

☰ The Leaning Tree, Deans Street, B 🔍 ✕



The Leaning Tree

Wedding Venue Directions

★
SAVE

📍
NEARBY

📱
SEND TO YOUR
PHONE

🔗
SHARE



📍 6168 Deans St, Bailey, NC 27807

🌐 theleaningtree.com

☎ (252) 235-3966

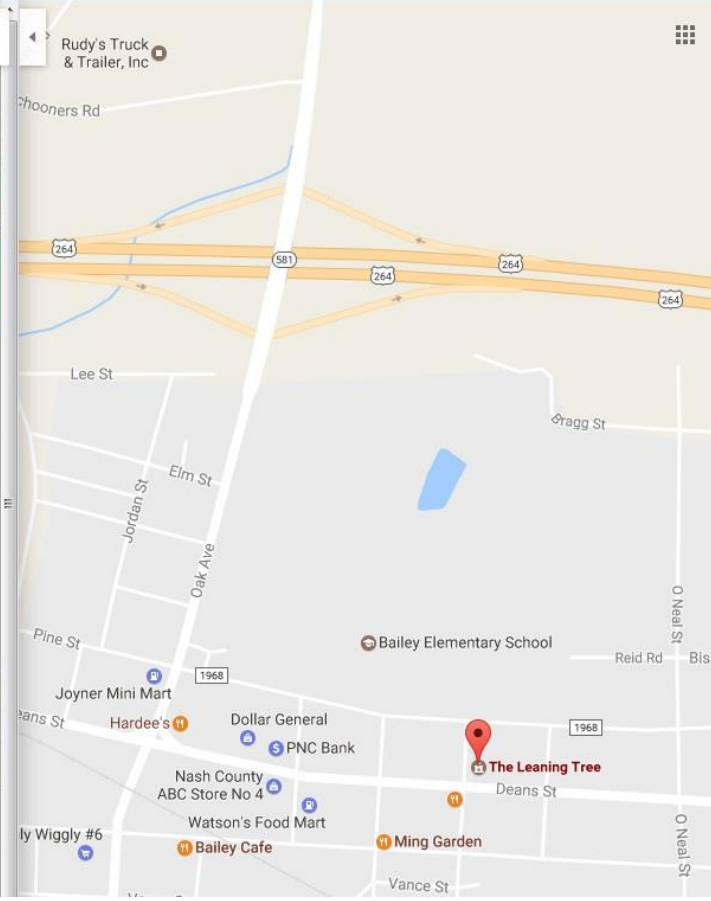
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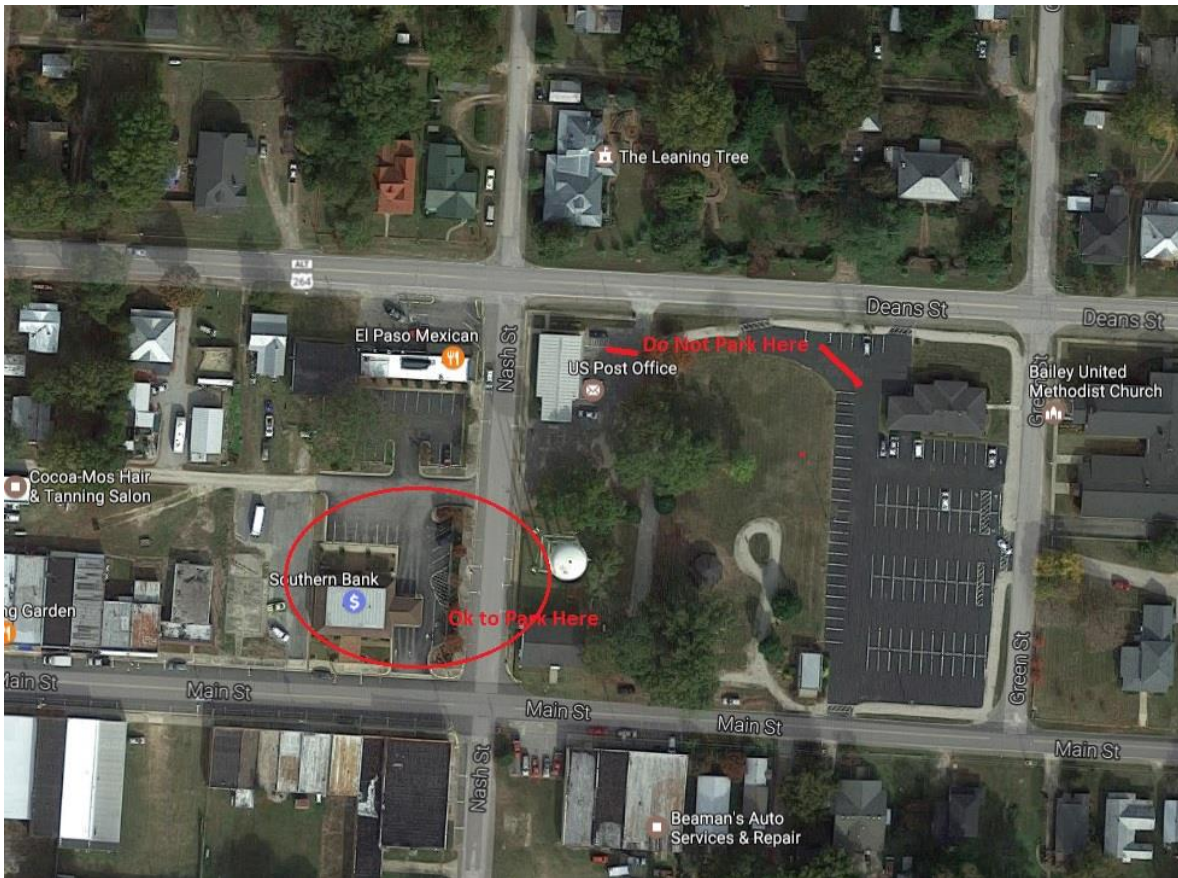
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✍ WRITE A REVIEW







20 January 2018
 District 27 Winter Training Session
 Resurrection Lutheran Church School
 100 W Lochmere Drive
 Cary, NC 27518



AGENDA

Time	Activity	Room	Presenter
0830-0900	Registration	Entrance Foyer	D/Lt Sandie Howd, AP
Light snacks and drinks provided			
0900-0915	A Welcome and Overview	Gym	D/C Paula Stewart, AP
0920-1020	B Membership – A to Z Workshop	Gym	Stf/C Robert Howd, JN
	C Executive Officers	Room 240	D/Lt/C Greg Shay, JN
	D “Aides in Action”	Room 251	Cdr Connie Shay, S
	E Commanders	Room 133	D/C Paula Stewart, AP
<u>SMALL GROUP SESSIONS</u>			
	F Co-Op Charting/Geodetic Workshop (Part 1)	Room 151	Dt/L Brevard Myers, SN Stf/C Bo Ibach, SN
1030-1130	G Education Officers	Room 133	D/Lt/C David Osmolski, SN
	H Treasurers	Room 240	D/Lt/C Lynn Dail, SN
<u>SMALL GROUP SESSIONS</u>			
	I DB 2000 Workshop (Beginners)	Room 251	D/Lt Stefan Ufer, AP Stf/C Robert Howd, JN
	J Co-Op Charting/Geodetic Workshop (Part 2)	Room 151	D/Lt Brevard Myers, SN Stf/C Bo Ibach, SN
1140-1210	K American’s Boating Club Rebranding	Gym	Tammy Brown, USPS
1210-1240	L Lunch	Gym	Cdr Connie Shay/District Aides
1250-1350	M Administrative Officers	Room 240	D/Lt/C Pat Hakanson, SN
	N Secretaries	Room 133	D/Lt/C Dawn Gaskill, AP
<u>SMALL GROUP SESSIONS</u>			
	O DB 2000 Workshop (Advanced)	Room 251	D/Lt Stefan Ufer, AP Stf/C Robert Howd, JN
1400-1430	Closing	Gym	D/C Paula Stewart, AP





January 20, 2018
 District 27 Winter Training Session
 Resurrection Lutheran Church School
 100 W Lochmere Drive
 Cary, NC 27518



Registration Form

This is a one day training session that is for ALL members, including present Bridge members and especially those coming on to the Bridge.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Rank	First	Last	Grade	Cert #

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Rank	First	Last	Grade	Cert #

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Address	City	State	Zip

<input type="text"/>	<input type="text"/>	<input type="text"/>
Home Phone	Email Address	Squadron

Facility Fee (for each attendee) \$5.00 X ____ = ____

Lunch Choices include cookie & coffee, tea or water
 Indicate your choice:

Club Sandwich on Sour Dough Bread \$10.00 x ____ = ____
 With Chips

Chef Salad with Dressings Provided \$10.00 x ____ = ____
 And Crackers

TOTAL \$ ____

Please review the agenda and place the number of attendees by the sessions attending

(__ A) (__ B) (__ C) (__ D) (__ E) (__ F) (__ G) (__ H)

(__ I) (__ J) (__ K) (__ L) (__ M) (__ N) (__ O)

Send form and check payable to **District 27** to:

D/Lt Sandra Howd, AP
 319 Country Club Ln
 Newport, NC 28570

FORM MUST BE RECEIVED NO LATER THAN JANURAY 13, 2018

THE COASTAL PLAINS SIGNAL

Published by the

ROCKY MOUNT POWER SQUADRON

A Unit of District 27

The United States Power Squadrons®

Barbara Ann Bruner, P Commander
P/C Phillip A. Benson, JN, Editor
website: www.usps.org/rockymount
e-mail: bensonphil028@gmail.com
1100 Mashie Lane
Rocky Mount, North Carolina 27804



ROCKY MOUNT POWER SQUADRON

2017 Bridge Officers

Educational Officer

D/1Lt Robert H. Bruner, AP
137 Jacqueline Drive
Nashville, NC 27856-7500
252-459-9533
r.h.bruner@gmail.com

Secretary

P/C Phillip A. Benson, JN
1100 Mashie Lane
Rocky Mount, NC 27804-7365
252-903-7365
bensonphil028@gmail.com

Treasurer

P/C Christopher E. Payne, AP
400 Speight Avenue
Tarboro, NC 27886-3419
252-641-1233
cepays@abnl.com



Commander

Cdr Barbara Ann Bruner, P
137 Jacqueline Drive
Nashville, NC 27856-7500
252-908-2493
1bbruner@gmail.com

Executive Officer

P/C H. Clay Helm, JN-CN
146 West Hidden Valley Trail
Hertford, NC 27944
252-955-9905
clay.helm@cummins.com

Administrative Officer

P/C Lorraine B. Ryan, P
1147 Lake Royale
Louisburg, NC 27549-7089
252-641-1233
commanderlorraine@yahoo.com

Directors

P/C L.M. Barnes III, SN

1972-2017